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Cursos: 2° A – B

Guía N°8 Inglés

Fecha: _____

Alumno (a) _____ Score: _____

Objetivo: To improve reading comprehension and understand work and job from different people.

Instrucciones: Lea atentamente los párrafos con la ayuda de un buen diccionario. Responda las preguntas relacionadas demostrando comprensión lectora en inglés.

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READING COMPREHENSION

Long time ago our ancestors used not more than five hours a day on what we now call “work”: gathering food, building houses, making clothes and tools. The rest of the day they talked, rested and danced! What a contrast compared to the every day life of 19th century factory worker. They worked six day a week and twelve hours a day!

Work a a curse

Most cultures consider work as a curse to be avoided as much as possible!. There is something strange about work. Consider these thoughts. If we didn’t care about luxury, cars and beautiful houses, we wouldn’t need to work so hard, but just because we have so many materials goals, it takes a lot of working hours to obtain them. To meet our climbing expectations we must worker harder, phisically and mentally and use more and more natural resources.

Work as a pleasure

Still work does not need to be unpleasant. Working can be tough, but a change in attitude could help change our feelings about work. Some people can enjoy their work and it becomes the best part of their lifes.

Scientists in Italy have studied traditional communities living in the Alps. These mountain people are happy people. Why? Because they don’t make the difference between work and spare – time. Life is not easy in these mountains, but people in these villages do not experience their heavy work as a burden. They feel free in their work. They can do what they want, they don’t have a boss teeling them what to do.

Even if you work in a dark and dirty factory, you can enjoy your work. How? By trying to manipulate and transform the opportunities that the job offers. For example, try keeping good relationships with the people you work. Also, try to see what you can change in the place. Make it a better place. Introduce some objects you like: a calendar with a nice landscape, a family portrait, hang some posters on the wall, and or have a plant to cheer you up!. These objects will put you in contact with positive feelings. Little things make the difference between happy and unhappy people in their jobs.

If you use your mental energy to visualize work as a pleasure concentrating on positive aspects. you will find out that you too are able to "lose" yourself in your job (you feel part of a flow, you forget time) and you will experience your work as a result of a free choice.

1. Elija un nuevo título para el texto. Justifique su elección en castellano.

Title: _____

Justificación: _____

* Recuerde que un buen título debe reflejar el sentido global de un texto.

2. Responda verdadero o falso acerca del texto. True or False.

- a. _____ Work as always be the same.
- b. _____ Our ancestors used to work much more than nowadays.
- c. _____ People work harder to obtain their material goals.
- d. _____ There is no way to be happy at work.
- e. _____ You can use your mental energy to change attitude and feelings.

3. Lea y responda en inglés. Use respuestas completas.

a. What kind of jobs did our ancestors do?

b. Why people from the Alps are happy people?

c. What's the key to turn a dark and dirty factory job into a enjoyable one?
